

## AIR LINE PILOTS ASSOCIATION, INT'L PILOT PEER SUPPORT SYMPOSIUM JUNE 25 – 26, 2024

Draft Agenda

| Tuesday, June 25, 2024 |   |  |  |
|------------------------|---|--|--|
| Tuesuay, Julie 25,     | 2024  |  |  |
| 800 AM – 8:15 AM       | Walsoma   |  |  |
| 800 AM - 8:15 AM       | Welcome   |  |  |
|                        | F/O Carrie Braun  AL DA AGO Bilet Beau Grant and (BBO) Glasin         |  |  |
| 0.45.4140.45.414       | ALPA ASO Pilot Peer Support (PPS) Chair                               |  |  |
| 8:15 AM – 9:15 AM      | Dr. Susan Northrup  |  |  |
|                        | FAA Federal Air Surgeon, invited                                      |  |  |
| 0.45.444.0.45.444      | Federal Aviation Administration (FAA)                                 |  |  |
| 9:15 AM – 9:45 AM      | BREAK   |  |  |
| 9:45 AM – 10:15 AM     | Macey Cox   |  |  |
|                        | HR Specialist, Learning & Development                                 |  |  |
| 40.45.44.45.44.4       | National Science Foundation (NSF)                                     |  |  |
| 10:15 AM – 11:15 AM    | Dr. Erin Romero   |  |  |
|                        | Veterans Affairs Psychologist, Trauma Recovery Program Manager        |  |  |
|                        | Veterans Health Affairs   |  |  |
| 11:15 AM – 12:15 PM    | Dr. Eshan Habibpour   |  |  |
|                        | Medical Director  |  |  |
|                        | McLean Counseling Center  |  |  |
| 12:15 PM – 1:15 PM     | LUNCH   |  |  |
| 1:15 PM – 2:15 PM      | Dr. Jessica Barry   |  |  |
|                        | Clinical Psychologist   |  |  |
| 0.45.014.0.45.014      | McLean Counseling Center  |  |  |
| 2:15 PM – 2:45 PM      | BREAK   |  |  |
| 2:45 PM – 3:45 PM      | Wanda Finch, LICSW, CAS   |  |  |
|                        | CAPT, US Public Health Service  |  |  |
|                        | Special Expert  |  |  |
|                        | SAMHSA Office of Recovery   |  |  |
| 3:45 PM – 4:45 PM      | Panel: Changes and challenges in regulations and peer programs coming |  |  |
|                        | from the ARC  |  |  |
|                        | F/O Carrie Braun, Moderator, ALPA ASO PPS Chair                       |  |  |
|                        | Capt. Travis Ludwig, ALPA ASO Pilot Assistance Chair                  |  |  |
|                        | Dr. Quay Snyder, AMAS   |  |  |
|                        | FAA, invited  |  |  |
| 4:45 PM – 5:00 PM      | Wrap up   |  |  |
|                        | F/O Carrie Braun, ALPA ASO PPS Chair                                  |  |  |

| Wednesday, June 26, 2024 |  |                                     |  |
|--------------------------|--|-------------------------------------|--|
| 8:00 AM – 8:15 AM        | Welcome  |                                     |  |
|                          | F/O Carrie Braun, ALPA ASO Pilot Peer Support (PPS) Chair        |                                     |  |
| 8:15 AM – 9:15 AM        | James Boomhower  |                                     |  |
|                          | Creator  |                                     |  |
|                          | Stay Fit 4 Duty  |                                     |  |
| 9:15 AM – 10:00 AM       | Mark Berg  |                                     |  |
|                          | ALPA Clinical Director   |                                     |  |
| 10:00 AM – 10:30 AM      | BREAK  |                                     |  |
| 10:30 AM – 11:15 AM      | F/O Carrie Braun, ALPA ASO PPS Chair                             |                                     |  |
|                          | Discussion on case handling                                      |                                     |  |
| 11:15 AM – 12:00 PM      | F/O Sonny Ruff, ALPA ASO PPS Vice Chair                          |                                     |  |
|                          | Self Care / Resiliency / Salutogenesis                           |                                     |  |
| 12:00 PM – 1:00 PM       | LUNCH  |                                     |  |
| 1:00 PM – 2:00 PM        | Dr. Navjyot Bedi   |                                     |  |
|                          | HIMS Psychiatrist  |                                     |  |
| 2:00 PM – 2:30 PM        | BREAK  |                                     |  |
| 2:30 PM – 3:15 PM        | Dr. William R. Hoffman   |                                     |  |
|                          | Physician & Affiliated Assistant Professor of Aviation           |                                     |  |
|                          | University of North Dakota's John D. Odegard School of Aerospace |                                     |  |
|                          | Sciences   |                                     |  |
| 3:15 PM – 4:15 PM        | Dr. David Prewett, Psy.D   |                                     |  |
|                          | Aviation Psychologist  |                                     |  |
| 4:15 PM – 4:30 PM        | Closing Comments   |                                     |  |
|                          | F/O Carrie Braun, ALPA ASO PPS Chair                             |                                     |  |
|                          |  |                                     |  |
| 5:00 PM – 5:45 PM        | •  | F/O Carrie Braun and F/O Sonny Ruff |  |
|                          | How to build a peer program                                      | ALPA Pilot Peer Support             |  |