



PILOT ASSISTANCE AGENDA

OPTION TRAINING AND MEETING SESSIONS

MONDAY, MAY 20, 2019

OPTIONAL TRAINING SESSION

Attendees are on their own for breakfast; lunch at 11:30 AM for Optional Training attendees only

RESTON REGENCY HYATT

11:15 AM BUS DEPARTS FOR ALPA CONFERENCE CENTER **Hyatt Reston** Front Entrance

ALPA CONFERENCE CENTER

11:15 AM – 12:30 PM REGISTRATION Lobby

Noon – 5:30 PM PPS INITIAL TRAINING COURSE IAD 2

5:40 PM BUS DEPARTS FOR RESTON HYATT Lobby

TUESDAY, MAY 21, 2019

OPTIONAL TRAINING SESSIONS

Lunch at 12 PM for Optional Training attendees only

RESTON REGENCY HYATT

7:00 AM – 8:00 BREAKFAST **Hyatt Reston** Conservatory

8:00 AM FIRST BUS DEPARTS FOR ALPA CONFERENCE CENTER **Hyatt Reston** Front Entrance

ALPA CONFERENCE CENTER

8:00 AM – 3:00 PM REGISTRATION Lobby

9:00 AM – 5:00 PM PPS INITIAL TRAINING COURSE IAD 2

9:00 AM – 5:00 PM PROFESSIONAL STANDARDS TRAINING IAD 1

9:00 AM – 5:00 PM CIRP CHAIRS MEETING FLL/YZF

9:00 AM – 1:30 PM CANADIAN PA CIRP WORKSHOP ATL/ORD

1:40 PM BUS DEPARTS FOR RESTON HYATT

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PILOT ASSISTANCE AGENDA

RESTON REGENCY HYATT

2:10 PM BUS DEPARTS FOR ALPA CONFERENCE CENTER **Hyatt Reston** Front Entrance

ALPA CONFERENCE CENTER

2:30 PM – 4:00 PM CANADIAN PA CHAIRS MEETING ATL/ORD

4:10 PM BUS DEPARTS FOR RESTON HYATT Lobby

5:10 PM BUS DEPARTS FOR RESTON HYATT Lobby

WEDNESDAY, MAY 22, 2019

OPTIONAL TRAINING SESSION

Lunch at 11 AM for Optional Training attendees only

RESTON REGENCY HYATT

7:00 AM – 9:00 BREAKFAST **Hyatt Reston** Conservatory

8:00 AM BUS DEPARTS FOR ALPA CONFERENCE CENTER **Hyatt Reston** Front Entrance

ALPA CONFERENCE CENTER

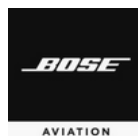
8:30 AM – Noon PPS INITIAL TRAINING COURSE IAD 2

8:30 AM – 10:30 AM PPS OVERVIEW SEA/LGA

10:45 AM BUS DEPARTS FOR RESTON HYATT Lobby

12:15 PM BUS DEPARTS FOR RESTON HYATT Lobby

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PILOT ASSISTANCE AGENDA

WEDNESDAY, MAY 22, 2019

PILOT ASSISTANCE FORUM – HYATT REGENCY RESTON

7:00 AM – 9:00 **BREAKFAST** Conservatory

Noon – 4:00PM **REGISTRATION** Grand Ballroom D Foyer

GENERAL SESSION Grand Ballroom D

1:00 PM – 2:00 **OPENING CEREMONY**
 Captain Joe DePete – President, Air Line Pilots Association, Int'l
 Captain Bob Fox – First Vice President and National Safety Coordinator, Air Line Pilots Association, Int'l
 Keynote: Paul Rinaldi – President, National Air Traffic Controllers Association

2:00 PM – 3:00 **META-LEADERSHIP IN PILOT ASSISTANCE**
Pilot Assistance going forward collaboratively.
Moderator: First Officer John Taylor, Air Line Pilots Association, Int'l
 Captain Tom Letson – Professional Standards Chair, Air Line Pilots Association, Int'l
 First Officer Ellen Brinks – Aeromedical Chair, Air Line Pilots Association, Int'l
 Captain Murray Munro – Canada Pilot Assistance Chair, Air Line Pilots Association, Int'l
 Captain John McFadden – Critical Incident Response Program Chair, Air Line Pilots Association, Int'l
 First Officer Craig Ohmsieder – Human Intervention Motivation Study Chair, Air Line Pilots Association, Int'l

3:00 PM – 3:30 **NETWORKING BREAK**

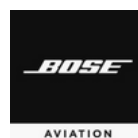
3:30 PM – 4:30 **MEET THE DOCTORS**
Doctors representing the Federal Aviation Administration, Transport Canada, and ALPA Aeromedical advisor explain current topics and challenges in today's aviation industry pertaining to the health and wellness of airline pilots.
Moderator: First Officer Ellen Brinks – Aeromedical Chair, Air Line Pilots Association, Int'l
 Dr. Quay Snyder – Aeromedical Advisor, Air Line Pilots Association, Int'l
 Dr. Michael Berry – Federal Air Surgeon, Federal Aviation Administration
 David Noble – Canada Pilot Health Consultant, Air Line Pilots Association, Int'l

4:30 PM – 5:00 **THROW A DART TO ALPA!**
How the Air Line Pilots Association, Int'l engages the pilots, while conducting education and collecting data.

Captain Bob Fox – First Vice President and National Safety Coordinator, Air Line Pilots Association, Int'l

5:00 PM – 6:00 PM **RECEPTION** Regency Foyer

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PILOT ASSISTANCE AGENDA

THURSDAY, MAY 23, 2019

PILOT ASSISTANCE FORUM – HYATT REGENCY RESTON

8:00 AM – 3:00 PM **REGISTRATION**

Grand Ballroom D Foyer

8:00 AM – 9:00 **BREAKFAST**

Conservatory

GENERAL SESSION

Grand Ballroom D

9:00 AM – 10:00 **SLEEP SCIENCE FOR PILOTS**

Light, circadian physiology, and interventions to promote alertness.

Dr. Alan Kubey – Clinical Instructor (TJUH) and Supplemental Consultant (Mayo), Thomas Jefferson University Hospital and the Mayo Clinic

10:00 AM – 10:30 **NETWORKING BREAK**

10:30 AM – Noon **CABIN AIR QUALITY**

Cabin Air events, what the risk is and what the industry is doing to ensure proper care and response for passengers and crew before, during and after.

Moderator: Captain Steve Jangelis – Aviation Safety Chair, Air Line Pilots Association, Int'l
First Officer Ellen Brinks – Aeromedical Chair, Air Line Pilots Association, Int'l
Captain David Baron – Aeromedical Subject Matter Expert, Air Line Pilots Association, Int'l
Judith Anderson – Industrial Hygienist, Association of Flight Attendants
Paul Roux – Senior Principal Engineer, Pall Aerospace
Jeffrey Pavlak – Legislative and Policy Representative, Air Line Pilots Association, Int'l

Noon – 1:30 **KEYNOTE LUNCH**

Captain Paul Westfield – Aeromedical Subject Matter Expert, Air Line Pilots Association, Int'l

1:30 PM – 2:30 **FIRST AIR 6560 – THE ACCIDENT, THE AFTERMATH, AND ALPA'S RESPONSE**

On August 20, 2011, Flight 6560 ended in tragedy in the high Arctic. How did ALPA Canada respond and what was the effect of that response? An intimate look at CIRP in Canada.

Moderator: Captain Murray Munro – Canada Pilot Assistance Chair, Air Line Pilots Association, Int'l
Ms. Charlene Hudy – Former First Air MEC Chair, Former Air Line Pilots Association, Int'l
Captain Isabelle Caron – Jazz Aviation MEC Pilot Health Committee, Air Line Pilots Association, Int'l
Captain Will Brander – First Air MEC Professional Standards Chair, Air Line Pilots Association, Int'l
Captain Tom O'Toole – Canadian Pilot Assistance Vice Chair, Air Line Pilots Association, Int'l
Captain Peter Black – First Air MEC Chair, Air Line Pilots Association, Int'l

2:30 PM – 3:00 **NETWORKING BREAK**

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PILOT ASSISTANCE AGENDA

3:00 PM – 5:00

CONCURRENT BREAKOUTS:

Aeromedical Chairs Meeting

Grand Ballroom G

Aeromedical Committee Chairs and committee members are invited to attend the annual meeting discussing current Aeromedical events.

First Officer Ellen Brinks – Aeromedical Chair, Air Line Pilots Association, Int'l

Mark Berg – Director of Employee Assistance Program, University of Texas MD, Anderson Cancer Center

Building a Superhuman Pilot

Regency B

How pilots can utilize advanced medicine, technology and ancestral health to become Superhuman. Proven strategies to enhance wellness, prevent jetlag, improve sleep, and increase health span.

Spencer Coppin – Co-founder, Coppin Health

CIRP Accident Response – The First 72 Hours

Grand Ballroom D

Accident preparation and response tailored for each carrier.

Captain John McFadden – Critical Incident Response Program Chair, Air Line Pilots Association, Int'l

Meet the New HIMS Chairs

Regency A

Meet the new HIMS chairs. They will discuss family awareness, Department of Transportation testing, and overcoming HIMS stumbling blocks.

First Officer Craig Ohmsieder – Human Intervention Motivation Study Chair, Air Line Pilots Association, Int'l

First Officer Billy Petersen – Human Intervention Motivation Study Vice Chair, Air Line Pilots Association, Int'l

Deanne Johnson – Family Support Chair, Air Line Pilots Association, Int'l

Understanding Diverse Perspectives

Grand Ballroom E & F

Understanding sexual harassment and social media issues in the workplace.

Captain Tom Letson – Professional Standards Chair, Air Line Pilots Association, Int'l

Suzanne Kalfus – Senior Attorney, Air Line Pilots Association, Int'l

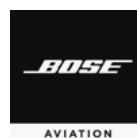
Marcus Migliore – Senior Managing Attorney, Air Line Pilots Association, Int'l

5:45 PM

BUS DEPARTS FOR UDVAR – HAZY CENTER

Front Entrance of Hyatt Reston

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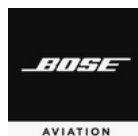
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PILOT ASSISTANCE AGENDA

6:30 PM – 10:00 PM	AWARDS RECEPTION AND AWARD BANQUET <i>Presentation of the ALPA Pilot Assistance Award & Pilot Assistance Presidential Citation</i> Captain Joe DePete – President, Air Line Pilots Association, Int'l Keynote: The Honorable Jennifer Homendy – Board Member, National Transportation Safety Board	Udvar-Hazy Center
10:00 PM	BUS DEPARTS FOR RESTON HYATT	Front Entrance of Udvar-Hazy Center

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