GET TO THE HEART OF MEDICAL UNCERTAINTY.

Cardiovascular disease (CVD) includes all diseases related to your heart and circulation, including heart disease and stroke. CVD is the second leading cause of death in Canada, claiming the lives of almost 50,000 people each year—which is nearly 20% of all deaths.

Reduce your risk for cardiovascular disease:

- Quit Smoking
- Exercise at least 30 minutes a day
- Develop healthy eating habits
- Keep a healthy weight
- Reduce stress

9 in 10 Canadian adults have at least one risk factor for heart disease.
YOUR PARTNER IN HEALTH CARE

Best Doctors brings together the best medical minds in the world to help you get the right diagnosis, treatment and peace of mind for any cardiovascular disease, such as hypertension or heart disease. If you are facing medical uncertainty, Best Doctors is your solution.

BEST DOCTORS CAN HELP YOU FIND:

• Top cardiologists in your area
• Group support and facilities
• Information on healthy eating and lifestyle
• Answers to questions regarding medication or treatment

Contact Best Doctors today.

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For cardiovascular disease or any medical issue, Best Doctors helps guide you in the right direction and make the best possible medical decisions with confidence, so you can get back to good health.