



When your breathing hinders your ability to enjoy life, we can help

Respiratory issues can affect your breathing, making common activities like sleeping or exercising difficult. If you are concerned about your existing condition, our leading experts can provide the answers and assurance you need to make informed medical decisions.

Ways to improve respiratory health:

- Quit smoking—it damages your lungs and increases the chance for serious diseases
- Exercise—it helps improve your lung capacity and function
- Avoid pollution—highly polluted areas carry dangerous toxins like radon



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Canadians are diagnosed with asthma every day¹

NO ADDITIONAL COSTS | CONFIDENTIAL AND SECURE | VIRTUAL SERVICE—NO TRAVELLING NECESSARY

Let expert medical minds ease yours

Teladoc Medical Experts can help you get the right diagnosis, treatment and peace of mind for any kind of respiratory issue like asthma, lung cancer, chronic bronchitis and more.

Use Teladoc Medical Experts when you:

- Need a leading expert pulmonologist to review your case
- Would like a recommendation for treatment by a specialist in or outside of Canada
- Want answers to questions about surgery, treatment and medication options

¹<https://asthma.ca/wp-content/uploads/2019/02/Asthma-101.pdf>

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We can help you with any kind of medical issue or concern and guide you in the right direction to make the best possible medical decisions with confidence so you can get back to good health.

**We're here to help.
Contact us today.**

Call 1-877-419-2378